

# Team Building for Managers

## Course Overview

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This is a 1-day class

In this course, students will be explore different aspects of a team and how to create healthy team dynamics.

## Who Should Attend

This course is intended for managers who want to design rewarding teambuilding activities.

## Course Objectives

Upon successful completion of this course, students will apply the principles of teamwork to successfully build teams that achieve more than the individuals that comprise them ever could.

## Course Outline

### 1 GETTING STARTED

- Housekeeping Items
- Pre-Assignment Review
- Workshop Objectives
- The Parking Lot
- Action Plan

### 2 WHAT ARE THE BENEFITS OF TEAM BUILDING?

- Better Communication And Conflict Resolution
- Effectiveness
- Motivation
- Camaraderie
- Case Study

### 3 TYPES OF TEAM BUILDING

- Games
- Activities
- Education
- Social Gatherings
- Case Study

### 4 CREATING TEAM CHEMISTRY

- Games For Introductions
- Games To Build Camaraderie
- Games For Problem Solving
- Games To Stimulate Interaction
- Case Study

### 5 IMPROVING TEAM STRENGTH

- Games To Build Trust
- Games To Motivate
- Games To Build Communication
- Games For Conflict Resolution
- Case Study

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## 6 ENGAGEMENT AND COLLABORATION ACTIVITIES

Activities To Build Camaraderie  
Activities For Idea Sharing  
Activities To Build Trust  
Activities To Stimulate Interaction  
Case Study

## 7 BUILDING A GREAT TEAM IDENTITY

Activities To Motivate  
Activities To Improve Working Together  
Activities To Build Communication  
Activities For Conflict Resolution  
Case Study

## 8 SOCIAL GATHERING

Singing / Karaoke  
Dinner / Pot Lucks  
Physical Activities  
Meetings  
Case Study

## 9 COMMON MISTAKES WHEN TEAM BUILDING

Letting Cliques Develop  
Not Delegating Tasks  
Rewarding In Private / Criticizing In Public  
Disjointed Plans Of Grandeur  
Case Study

## 10 FORMATTING A TEAM BUILDING PLAN

Define The Goal  
Consult Team Members  
Research And Create Structure  
Keep It Fun  
Case Study

## 11 EVALUATIONS AND IMPROVEMENTS

Was The Goal Met?  
Was The Team Building Cohesive?  
What Did The Team Think Of The Team Building?  
How Can The Team Building Be Improved For Next Time?  
Case Study

## 12 WRAPPING UP

Words From The Wise  
Review Of The Parking Lot  
Lessons Learned  
Recommended Reading  
Completion Of Action Plans And Evaluations