Post-Class Reinforcement Materials

Each of the Leadership and Professional Development courses include a suite of post-class reinforcement materials that are unique to each title. Content such as e-books, quick videos, personal and team assessments, tools and templates, and other materials, have been selected to ensure that you continue your journey to ongoing success beyond the classroom. All e-assets, such as books and videos, come with 1-year access.

Expanding Your Emotional Intelligence | 3 Days

**Reinforcement Videos**
- Emotional Intelligence featuring Stewart Levine
- What Brain Research Says About Leadership featuring David Rock
- Tools for Developing Emotional and Social Intelligence featuring Sheila Madden
- Understanding Emotional Alignment featuring Marcia Reynolds
- Understanding Emotional Intelligence featuring Marcia Reynolds
- Develop Your EQ featuring Glen Senk
- Comfort Zone Is the Enemy of EQ featuring Jen Shirkani
- The Five Attributes of Emotional Intelligence featuring Clarissa Peterson
- The Need for Emotional and Social Intelligence in Global Leaders featuring Sheila Madden
- What is EQ? featuring Jen Shirkani
- Lead with Authenticity featuring Liz Mellon
- How High-Performing Leaders Perform featuring Howard M. Guttman
- How to Inspire Trust featuring Heidi Grant Halvorson
- Relationship Management: Don’t Win the Battle to Lose the War featuring Travis Bradberry
- Characteristics of High EQ Leaders featuring Travis Bradberry

**Book Summaries**
- *Good Leaders Ask Great Questions* by John C. Maxwell
- *Working with Emotional Intelligence* by Daniel Goleman

**Blueprints**
- Building the Right Management Team by Robert Pallari, Thomas Beeman and Mark Hamdan
- Using Personality Tests to Hire Employees and Reorganize Your HR Structure by Doug Bryant, Kelley Dobbs, Anthony J. Vegliante and Donald M. Davis

**Leader-Led Activities**
- The Value of Emotions Discussion Guide
- Needs for Emotional Intelligence Facilitation Guide
- Relational Competencies Facilitation Guide
- Personal Competencies Application Guide

**Self-Assessment**
- Personal Domain
- Relational Domain

**Business Impact**
- Business Impact: Managing the Stress of Organizational Change

**Challenge**
- Challenge: The Emotionally Intelligent Leader

**Tools**
- Research Highlights
- Value and Challenge of Emotions
- Needs for Emotional Competence
- Management Team
- Development Process
- Personal Development Activities
- Self-talk Obstacles
- Relational Development Activities

**Test**
- Leadership Advantage Test Yourself: The Emotionally Intelligent Leader

**Core Message**
- Leadership Advantage: The Emotionally Intelligent Leader 3.0

**Case Study**
- Events and Emotions
- Personal Emotional Competence
- Relational Emotional Competence

**Key Concept**
- Key Concept: Highlights from Emotional Intelligence Research
- Key Concept: The Value of Emotions
- Key Concept: Emotional Intelligence: Science vs. Skepticism
- Key Concept: Emotions and Business
- Key Concept: Emotional Intelligence and Emotional Competence
- Key Concept: Emotional Competence: The Personal Domain
- Key Concept: The Relational Domain
- Key Concept: The Development Process
- Key Concept: Developing Emotional Competency through Self-awareness and Self-regulation
- Key Concept: Obstacles to Developing Personal Competencies
- Key Concept: Developing Your Relational Competency

**e-Books**
- The EQ Difference: A Powerful Plan for Putting Emotional Intelligence to Work
- Mastering Mentoring and Coaching with Emotional Intelligence
- Emotional Intelligence Coaching: Improving Performance for Leaders; Coaches and the Individual
- Transparency: How Leaders Create a Culture of Candor